## INSEAD

The Business School for the World®

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Alumni Careers Support

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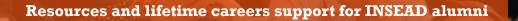
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# The connections you make at INSEAD last a lifetime

Your relationship with the school lasts a lifetime too. That is why INSEAD is now investing in lifelong careers support for alumni at each stage in your career.

#### **Career coaching – two sessions free**

Online resources and job boards

INSEAD now offers all alumni the option of two free career coaching sessions (via Skype or in person) with one of our global panel of career coaches. These coaches – many themselves INSEAD alumni – adapt their approach to the different stages of the alumni's career. They offer impartial advice on issues such as:

- Defining career goals
- Job hunting (refining your focus, presentation and CV)
- Career change and transition
- Work-life balance, career breaks and moving to a portfolio career

Visit career-development.insead.edu/ more-help/. To book a session, email wpcareers@insead.edu.



INSEAD have created an online career development centre to aid alumni at different stages in their careers. This site offers a guided self-help programme covering challenges such as:

- Career design and transition
- First 90 days in a new job
- Surviving and overcoming job loss
- Career reinvention and renewal at 45+

Visit career-development.insead.edu. Alumni also have access to INSEAD's CareerGlobe job board where you can search for job postings and set up alerts in areas of interest. Visit insead-csm.symplicity.com

#### Alumni experience videos

To give alumni and students an insight into the different career paths available to INSEAD graduates INSEAD have developed a series of videos where faculty and alumni share their experiences of:

- Working for organisations like <u>Google</u>, <u>Goldman Sachs</u> or the <u>United Nations</u>
- Founding a <u>hedge fund</u> or a <u>social</u> <u>enterprise</u>
- Advice on <u>networking</u>, working with <u>headhunters</u>, <u>career change</u>, and <u>securing</u> <u>board roles</u>

Visit youtube.com/user/INSEADofficial and scroll down to the Alumni Experience playlist.



#### **Networking (online)**

Alumni looking for new opportunities should - at a minimum – maintain an up-to-date profile on:

- The INSEAD alumni directory my.insead.edu
- INSEAD's 14,000 member LinkedIn group linkedin.com/groups/INSEAD-Alumni-580
- The "Careers" group on INSEAD's private social network - yammer.com/insead.edu/

### **Networking (face to face)**

INSEAD's national alumni associations organise 900+ events each year and generations of INSEAD alumni have found that attending both national and global events is a fantastic way of connecting serendipitously.

- Local events (organised by national alumni associations) my.insead.edu
- Global events organised by the school insead.edu/events/

Most importantly – apart from the pleasure of seeing old friends – alumni in transition should make a particular effort to attend their 5-yearly reunions.

### **Online/global careers events**

Since 2012 INSEAD has co-organised a programme of webinars for working professionals (alumni and executive students) - including:

- Daniel Porot (MBA'66) on radical career change
- Herminia Ibarra on making the transition to leadership
- Steve Dalton on networking your way to interviews

Details of forthcoming webinars are posted on LinkedIn and Yammer.



#### **Contacts and feedback**

If you have comments or suggestions regarding careers support for alumni we would love to hear from you. Please email wpcareers@insead.edu